

# ANNUAL REPORT

2024-2025



**AGAPE BLESSED FOUNDATION TRUST**

Sultanpur, New Delhi-110030

[www.agapeblessedfoundation.com](http://www.agapeblessedfoundation.com)

## About Us

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Agape Blessed Foundation Trust is a registered non-profit organization dedicated to empowering underprivileged children and marginalized communities through education, mental health support, child rights advocacy, and community-based initiatives. Established in 2017, the Trust works closely with District Child Protection Units, Child Welfare Committees, NGO and local stakeholders across South, South East, and Central Delhi to ensure holistic development and protection of children, especially those in vulnerable situations.

Our key focus areas include menstrual hygiene awareness, psycho-social support for children under the POCSO Act, educational mentoring, and capacity-building programs for caregivers and law enforcement personnel. Through projects like *Empowering the Young Minds*, Agape provides academic support, life skills, and joyful learning experiences to children from underserved communities. We believe in equality, dignity, and compassion – celebrating every festival, milestone, and small victory with the children and families we serve.

At Agape, we are committed to nurturing hope, building resilience, and creating pathways to a brighter, more inclusive future.

## Mission

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To empower children and marginalized communities by promoting education, mental well-being, and social justice; to create safe, inclusive spaces where every child can thrive with dignity and hope; and to work collaboratively with stakeholders to uphold child rights and strengthen families for a more equitable society



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## *Our Beneficiaries*

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At Agape Blessed Foundation Trust, our beneficiaries lie at the heart of everything we do. They are the reason we exist, the purpose behind every initiative, and the motivation that keeps us moving forward.

Our primary focus is on children in need of care and protection, especially those from underprivileged communities, child care institutions (CCIs), and vulnerable family settings. Many of them face challenges such as lack of access to education, mental health support, basic hygiene resources, emotional neglect, or have been victims of abuse and abandonment.

We also support adolescents transitioning into aftercare, ensuring they receive proper guidance, life skills, access to higher education, employment opportunities, and the emotional support they need to lead independent and empowered lives.

Additionally, our work extends to caregivers, frontline workers, and families, equipping them with awareness, knowledge, and tools to better support children and youth in their care.

Each beneficiary we serve carries a unique story – of pain, of courage, of survival – and it is our honor to walk alongside them on their journey of healing and hope. Through consistent engagement, mentorship, and support, we aim not just to meet their immediate needs, but to help them dream beyond their circumstances and thrive with dignity.

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*VOICE- CHAIRPERSON'S HEART*

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My motivation to start this organization was very simple – I just wanted to **serve the needy and the poor**. Raised in the Christian faith, I was always drawn to charity work. But while the intention was clear, the path was not. I had no platform to truly understand the realities on the ground. To bridge that gap, I pursued a Master’s degree in Social Work. It was during this time that I realized social work was far deeper than charity – it demanded empathy, skill, resilience, and most importantly, action.

As a student visiting various communities, I often found myself in pain witnessing the vulnerability of children and families. Despite the presence of many organizations, the gaps were glaring. There were too many questions, too much suffering, and not enough hands reaching out. These unanswered questions kept me awake at night – until one day I decided to stop searching for answers and become one. That decision gave birth to this organization.

The journey was not easy. Being new to the field, I faced challenges that at times shook my confidence. But the promise I made to myself – to never give up on the cause – kept me going. We began our flight to protect children in need of care and protection. Understanding a child's heart and their true needs was not easy, but day by day, the field became my teacher. With every experience, I grew, and I guided my team to grow with me.

Today, with the support of our dedicated volunteers and well-wishers, we have touched thousands of lives. We continue to walk alongside those who need us the most – with compassion, commitment, and courage.

I truly believe there is no greater peace than helping someone in need and making even one life worth living.

Warm regards,  
B. Sarkar  
Founder & Chairperson



## Educational Tour Organized by Agape Blessed Foundation Trust

On **6th April 2024**, Agape Blessed Foundation Trust organized an **educational tour** for the children enrolled in the *Empowering the Young Minds* project from Sultanpur, New Delhi. The tour aimed to provide exposure to **science, culture, and history**, broadening the children's knowledge and experiences. The day began at the **National Science Museum**, where the children explored interactive exhibits and hands-on demonstrations, igniting their curiosity about scientific principles. Next, they visited **National Bal Bhawan**, where they participated in **artistic workshops, theatrical performances, and cultural activities**, fostering creative expression and an appreciation for India's heritage. The tour concluded with a visit to **India Gate**, where the children learned about its historical significance and paid tribute to the brave soldiers who sacrificed their lives for the nation. They also enjoyed recreational activities in the lush green surroundings, strengthening their camaraderie. The tour proved to be a **transformative learning experience**, nurturing their **curiosity, creativity, and critical thinking skills**. Agape Blessed Foundation Trust remains dedicated to empowering underprivileged children through **experiential learning opportunities**, ensuring they gain the knowledge and confidence needed for a brighter future. The foundation extends heartfelt gratitude to all volunteers and supporters who made this enriching experience possible.





## World Earth Day Celebration on 22<sup>nd</sup> April 2024

On **22nd April 2024**, Agape Blessed Foundation Trust celebrated World Earth Day with great enthusiasm, engaging the children of its "Empowering the Young Minds" project. The event aimed to instill environmental consciousness and a sense of responsibility toward protecting the planet. A drawing competition was organized, providing children with a creative platform to express their thoughts on environmental conservation. A panel of judges selected the top five drawings, and the young artists were awarded prizes in recognition of their talent and efforts. The event was a resounding success, fostering awareness and inspiring the younger generation to contribute to a sustainable future. Through such initiatives, Agape Blessed Foundation Trust reaffirms its commitment to nurturing a healthier planet for all.



## Distribution of Stationery and Bags

Agape Blessed Foundation Trust took a meaningful step toward supporting the educational needs of children enrolled in its "Empowering the Young Minds" project by distributing essential stationery and school bags for the new academic year. This initiative aimed to ease the financial burden on families and ensure that every child had access to the necessary learning materials. The distribution event began with an introduction emphasizing the importance of education and the organization's role in empowering young learners. Each child received a set of stationery, including notebooks, pens, pencils, erasers, rulers, and other essential supplies, along with a durable and practical school bag to safely carry their belongings. This initiative had a profound impact, equipping students to actively engage in their studies and easing financial constraints for families, allowing them to focus on their children's education without worrying about basic school supplies. By addressing these practical needs, Agape Blessed Foundation Trust reaffirmed its commitment to fostering a supportive learning environment and promoting educational equity, ensuring that every child can thrive and succeed academically.





## Clay Molding and Craft work

On 11th May 2024, Agape Blessed Foundation Trust organized a craft and clay molding activity day for children, providing them with a platform to express their creativity and develop new skills in a fun and interactive environment. The event saw enthusiastic participation from 50 children, who engaged in hands-on learning through craft-making and clay molding. Using materials like ice cream sticks, pom-poms, glue, and paper, the children created caterpillars, fish, boats, and other imaginative crafts, enhancing their fine motor skills and hand-eye coordination. In the clay molding session, they used colorful clay to shape snails, snakes, flowers, planets, and various other creations, improving their tactile and sensory skills while fostering imaginative play. The event not only encouraged creativity but also promoted teamwork and social interaction. Observations from the session highlighted the children's enthusiasm and engagement, with many demonstrating a natural talent for artistic expression. The initiative successfully combined learning with enjoyment, reinforcing Agape Blessed Foundation Trust's commitment to nurturing young minds through creative and skill-building activities.





## Story Telling Competition and Math Test

On 22<sup>nd</sup> May 2024, the Agape Blessed Foundation organized a combined event featuring a Math test and a storytelling competition for children enrolled in the "Empowering the Young Minds" program. The primary aim of this initiative was to provide engaging and educational activities during the summer vacation, encouraging children to learn in a fun and traditional way, and to minimize their screen time on mobile devices.

Children showed high enthusiasm and active participation in both activities. Parents and guardians appreciated the initiative as it provided a constructive way for children to spend their summer vacation.

The event successfully minimized children's screen time as they were deeply engaged in the activities.



## Report on World Menstrual Hygiene Day 2024

On 28th May 2024, Agape Blessed Foundation Trust organized a World Menstrual Hygiene Day event in Sultanpur to raise awareness about menstrual hygiene management among young girls and women. The event aimed to educate participants on proper menstrual hygiene practices to ensure their health and well-being. With over 59 participants, including young girls, boys, and women from the local community, the initiative had a wide-reaching impact. The event began with an awareness session conducted by the Agape Team, covering essential topics such as the menstrual cycle, hygiene practices, correct usage and disposal of sanitary products, and debunking myths and stigmas associated with menstruation. The session was interactive, with participants actively engaging in discussions and seeking clarifications. To further support menstrual health, free sanitary pads were distributed to all attendees, alleviating the financial burden and encouraging the use of hygienic products. The event also included refreshments, with a healthy drink and biscuits provided to reinforce the importance of a nutritious diet during menstruation. The session received positive feedback, with participants expressing gratitude for the valuable information and essential supplies. The event successfully fostered an open and supportive community environment, promoting awareness and breaking taboos surrounding menstrual health. Agape Blessed Foundation Trust remains committed to empowering women and young girls through such initiatives, ensuring their well-being and dignity.





## Report on Poster Making Competition on World Tobacco Day

On May 31, 2024, Agape Blessed Foundation Trust organized a Poster Making Competition to commemorate World Tobacco Day under its "Empowering the Young Minds" project. The event aimed to raise awareness about the dangers of tobacco use and encourage young children to advocate for a healthier, tobacco-free future. A total of 40 children, aged between 7 and 11 years, participated enthusiastically in the competition, showcasing their creativity and understanding of the harmful effects of tobacco. The competition took place at the organization's community center and began with an introduction to the significance of World Tobacco Day. Children were provided with art supplies and given two hours to create posters based on themes such as "Say No to Tobacco," "Tobacco Kills," "Healthy Lungs, Healthy Life," and "Be Smart, Don't Start." The participants exhibited remarkable creativity, using vibrant colors, impactful slogans, and thought-provoking illustrations to convey strong anti-tobacco messages. The event also had an educational impact, as many children incorporated facts and statistics into their artwork, demonstrating their awareness of tobacco-related health risks. The competition fostered community engagement, with parents, teachers, and local members attending to support the young participants. Five winners were selected based on creativity and theme relevance, with Piyush securing first place, followed by Sonakshi, Prince, Aanchal, and Sanjana. The winners were awarded certificates and prizes as recognition of their efforts. The event was a resounding success, providing children with a platform to express their views while reinforcing the importance of a tobacco-free lifestyle. Agape Blessed Foundation Trust remains committed to organizing such initiatives to empower young minds and promote health and wellness in the community.





## Poem Competition on Child Rights

On June 7, 2024, Agape Blessed Foundation Trust successfully organized a Poem Competition focused on Child Rights, bringing together 25 enthusiastic children from the "Empowering the Young Minds" project. Held at Sultanpur, the event aimed to raise awareness about child rights through the expressive and impactful medium of poetry. The competition began with a warm welcome from the Foundation's Director, who highlighted the significance of understanding and advocating for child rights. The participants showcased remarkable creativity and passion, reciting poems on themes such as the right to education, the importance of family, and the need for protection and care. Their heartfelt performances deeply moved the audience, reflecting their awareness and empathy towards these critical issues. To recognize and encourage their efforts, prizes were awarded to the top three participants: Muskan secured first place with her poem "A Child's Dream," while Sonakshi and Amarjeet shared second place for "Voices Unheard," and Komal and Anchal jointly secured third place for "A Better Tomorrow." Additionally, all participants received certificates of appreciation for their contributions. The competition was not just a contest but an empowering platform that fostered self-expression, strengthened community bonds, and deepened the children's understanding of their rights. Agape Blessed Foundation Trust remains committed to organizing such initiatives to educate, inspire, and empower young minds.



## International Yoga Day Celebration

On June 21, 2024, Agape Blessed Foundation Trust celebrated International Yoga Day with the children of the "Empowering the Young Minds" project, aiming to integrate yoga into their daily lives for physical, mental, and emotional well-being. Leading up to the event, a 21-day yoga session series was conducted to introduce children to various asanas, breathing exercises, and meditation techniques. The main event saw the enthusiastic participation of 25 children, aged 7 to 11, engaging in a structured program that combined learning, performance, and creative expression. The celebration commenced with a guided group yoga session led by experienced instructors, ensuring the children performed each asana correctly. Following the session, children showcased their understanding of yoga through speeches, self-written poems, and motivational slogans like "Yoga for Peace and Harmony" and "Bend it, Stretch it, Yoga is Fun." A friendly yoga competition further encouraged them to demonstrate their skills and dedication, reinforcing their commitment to practicing yoga. The event concluded with a reflection session where children shared their experiences, expressing how yoga had positively influenced their focus, relaxation, and overall well-being. Feedback from participants highlighted their newfound appreciation for yoga, with many expressing their intent to continue practicing daily. The celebration was a resounding success, reinforcing the organization's dedication to the holistic development of young minds and promoting healthy lifestyle habits. Agape Blessed Foundation Trust looks forward to organizing more such initiatives to empower children and enhance their well-being.





## Report on Self Defense Training Program for Empowering the Young Minds Project

From July 1st to July 12th, 2024, Agape Blessed Foundation Trust, in collaboration with the Special Police Unit for Women and Children, conducted a 10-day self-defense training program for 50 students under the 'Empowering the Young Minds' project. This initiative aimed to equip children with essential self-defense skills, boost their confidence, and enhance their personal safety awareness. The structured training sessions, held from Monday to Friday, were led by experienced officers and covered fundamental self-defense techniques, including blocking, striking, and escape maneuvers. The curriculum was designed to progress systematically, starting with basic stances and movement techniques, followed by defensive postures, striking methods, and real-life scenario-based training. The final day featured a review session and demonstrations by participants, showcasing their newly acquired skills. The program witnessed enthusiastic participation, with students actively engaging in every session. By the end of the training, participants demonstrated confidence in applying self-defense techniques, reflecting the program's effectiveness. Guardians and students provided overwhelmingly positive feedback, emphasizing the program's practical value in ensuring safety and empowerment. Agape Blessed Foundation Trust remains committed to fostering resilience and self-reliance among children and looks forward to organizing similar initiatives in the future.





## Report: Donation of School Bags to Gypsy Children in Hope, Telangana

As part of the "Empowering the Young Minds" project, Agape Blessed Foundation Trust organized a school bag donation drive on July 16, 2024, in Hope, Telangana. This initiative aimed to support the educational needs of gypsy children by providing them with essential school supplies. "Empowering the Young Minds," launched in 2023, has been dedicated to enhancing the learning experience of underprivileged children, initially in Sultanpur, New Delhi, and now expanding to other regions in India. The donation drive was a step towards encouraging regular school attendance and improving the academic journey of these children. Through this effort, the foundation reaffirmed its commitment to promoting education and empowering young minds across diverse communities.



## Distribution of Biscuits, Frooti, and Stationery Items at MCD Primary Model School, Sultanpur

On July 20, 2024, Agape Blessed Foundation Trust conducted a distribution drive at MCD Primary Model School, Sultanpur, with the aim of supporting students by providing nutritious snacks and essential stationery items. This initiative was designed to foster a positive learning environment by addressing both the nutritional and educational needs of the children. During the event, glucose biscuits and Frooti tetra packs were distributed, ensuring students received a healthy snack while enjoying a refreshing drink. Additionally, essential stationery items, including notebooks, pens, pencils, erasers, and sharpeners, were provided to aid their academic journey. The event featured a distribution ceremony, an interactive session where students shared their thoughts, and a motivational talk encouraging them to pursue their education with dedication. Through this initiative, the foundation reaffirmed its commitment to empowering young minds and promoting holistic development among underprivileged children.





## Report on Kite-Making Competition

On August 10, 2024, Agape Blessed Foundation Trust organized a vibrant kite-making competition at its premises in Sultanpur, New Delhi. This initiative, part of the 'Empowering the Young Minds' project, aimed to engage underprivileged children in a creative and culturally enriching activity. The event witnessed enthusiastic participation from over 50 children aged 6 to 12, who showcased their artistic skills while embracing the cultural tradition of kite-flying. The competition provided a platform for hands-on learning, self-expression, and teamwork. Children were divided into age-based categories and given all necessary materials to craft their kites. The event fostered a strong sense of community, allowing the participants to enjoy a break from routine educational activities while celebrating creativity and cultural heritage.



## The Plantation Event

On August 11, 2024, Agape Blessed Foundation Trust organized a plantation event to educate children about the importance of trees and environmental conservation. The event saw enthusiastic participation from children, staff members, and volunteers, who actively engaged in planting saplings. An educational session was conducted to explain the role of trees in reducing pollution, providing oxygen, and combating climate change. The children eagerly asked questions and shared their thoughts on protecting nature. The event concluded with a pledge, where participants committed to nurturing the saplings and spreading awareness about environmental conservation. This initiative not only fostered a sense of responsibility among children but also contributed to a greener future.





## Rakhi Making Competition

On August 13, 2024, Agape Blessed Foundation Trust organized a Rakhi Making Competition to celebrate Raksha Bandhan and encourage creativity among children. The event provided a platform for young minds to express their artistic skills while learning about the cultural significance of the festival. Participants were given colorful threads, beads, and decorative materials to design unique rakhis, with volunteers guiding them as needed. Alongside the competition, mentoring sessions were conducted to educate children about the values of love, protection, and unity that Raksha Bandhan represents. The beautifully crafted rakhis were judged based on creativity and effort, with special prizes awarded to the top three designs. The event successfully blended fun, learning, and cultural appreciation, leaving the children inspired and engaged.



## Report on Biscuit Distribution

On August 15, 2024, Agape Blessed Foundation Trust celebrated Independence Day at MCD Model Primary School in Sultanpur, New Delhi, as part of its Stop Hunger Project. The event aimed to instill a sense of patriotism among the children while also addressing their nutritional needs. During the celebration, biscuits were distributed to all students and staff, ensuring that the day was marked with both joy and nourishment. The initiative not only reinforced the values of unity and national pride but also strengthened community engagement, highlighting the foundation's commitment to child welfare. Through this celebration, Agape Blessed Foundation Trust successfully combined education, social responsibility, and nutrition, making the occasion meaningful and impactful for the young minds.



## Independence Day Celebration

On August 15, 2024, Agape Blessed Foundation Trust proudly celebrated India's 77th Independence Day with great enthusiasm and patriotism. The event aimed to instill a sense of national pride among children, their parents, and the foundation's dedicated team of volunteers and staff. The celebration began with the hoisting of the national flag, followed by the singing of the national anthem, creating an atmosphere of unity and respect for the nation. The children showcased their talent through patriotic songs, dances, and speeches, emphasizing the significance of freedom and unity. To make the occasion even more special, snack boxes filled with healthy and delicious treats were distributed to the children and their parents, ensuring everyone could partake in the joy of the day. Additionally, a special lunch was organized for the volunteers and staff as a token of appreciation for their relentless dedication. The event successfully blended cultural expression, community engagement, and gratitude, making it a memorable and impactful celebration of India's independence.



## Raksha Bandhan Celebration

On August 16, 2024, Agape Blessed Foundation Trust joyfully celebrated Raksha Bandhan, embracing the festival's essence of love, protection, and unity. This celebration aimed to instill cultural values and foster a sense of togetherness among the children under the foundation's care. The event saw enthusiastic participation from children, staff members, and volunteers, with many children bringing the handmade rakhis they had crafted during the earlier rakhi-making competition. The celebration began with a heartfelt rakhi-tying ceremony, where children tied rakhis on each other's wrists, symbolizing their commitment to care for and support one another. A storytelling session followed, narrating the origins and significance of Raksha Bandhan, helping the children connect with the festival on a deeper level. The event concluded with the distribution of traditional sweets, spreading joy and reinforcing the spirit of sharing and affection. The celebration was met with warmth and enthusiasm, leaving a lasting impact on the children by strengthening their sense of community and emotional well-being.





## Menstruation Awareness Session by RITVA

On 23rd August 2024, Agape Blessed Foundation Trust hosted a menstruation awareness session organized by RITVA, the Menstruation Awareness Society of Kamla Nehru College, at its Sultanpur, New Delhi premises. The session aimed to educate and empower young women and children associated with the foundation by providing essential knowledge on menstrual health and hygiene. The event covered key topics, including an introduction to menstruation, personal hygiene practices, and the importance of using safe menstrual products. Interactive activities such as quizzes, myth-busting discussions, and role-playing exercises helped participants challenge societal taboos and gain confidence in discussing menstruation openly. A dedicated Q&A session allowed attendees to clarify doubts and voice their concerns in a supportive environment. As part of the initiative, RITVA also conducted a free pad distribution drive, ensuring that every participant received sanitary pads along with instructions on proper usage and disposal. The session was highly impactful, fostering awareness, breaking stigmas, and promoting menstrual hygiene practices among the attendees, who expressed their gratitude for the valuable information and resources provided.





## Child Sexual Abuse Prevention Session

On 29th August 2024, Agape Blessed Foundation Trust organized a Child Sexual Abuse Prevention session at its Sultanpur, New Delhi center, reaffirming its commitment to child safety and well-being. The session aimed to educate children about safe and unsafe touch, empowering them with the knowledge to protect themselves and assert their right to personal safety. Through interactive discussions, children learned about body autonomy, the importance of recognizing and responding to unsafe situations, and how to communicate concerns with trusted adults. Engaging activities such as role-playing scenarios, the use of educational storybooks, and animated videos helped simplify complex topics in a child-friendly manner. A Q&A session provided a safe space for children to express their thoughts and seek clarifications. The session had a significant impact, with children demonstrating an improved understanding of the concepts and feeling more confident in identifying and responding to unsafe situations. Based on the positive response, it was recommended that follow-up sessions be conducted regularly to reinforce awareness and ensure continued learning on this crucial subject.



## Donation Drive at Haridwar

On 31st August 2024, Agape Blessed Foundation Trust, in collaboration with MSW interns, conducted a rural distribution drive in Haridwar, aimed at providing relief to marginalized individuals while offering experiential learning for aspiring social workers. The event commenced with the interns attending the early morning aarti at Har Ki Pauri, allowing them to immerse themselves in the cultural and religious significance of the region. They observed various rituals along the riverbanks, gaining insights into the intersection of social work and spiritual practices in India. A key highlight of the drive was the distribution of tea and biscuits to elderly individuals residing near the Ganga River, fostering a sense of care and community. Through direct interactions, the interns learned about the challenges faced by vulnerable populations, enhancing their understanding of grassroots social work. This initiative not only provided warmth and support to those in need but also deepened the interns' appreciation of cultural sensitivities and practical aspects of social work. The drive successfully reinforced Agape Blessed Foundation Trust's commitment to advocacy and service, empowering the next generation of social workers through real-world engagement.



### Self-Defence Training Program

On 4th September 2024, Agape Blessed Foundation Trust, in collaboration with the Specialized Police Unit for Women and Children, launched a 10-day self-defence training program at MCD Model Primary School, Sultanpur. Running until 18th September 2024, the initiative aimed to empower young girls and children by providing them with essential self-defence skills while raising awareness about personal safety and confidence-building. The training sessions, attended by approximately 50 children, primarily young girls, focused on practical self-defence techniques, situational awareness, and confidence-building exercises. Each session began with physical warm-ups to enhance strength, flexibility, and agility, followed by lessons on evasion techniques, blocking, counter-attacks, and escape strategies. Trainers emphasized the importance of situational awareness, teaching children how to recognize and avoid potential threats while understanding when and how to seek help. Role-playing exercises and interactive sessions with police officials helped the participants develop confidence in asserting themselves and seeking assistance from law enforcement if needed. On the final day, 18th September 2024, participants demonstrated their newly acquired skills in a special session, receiving feedback and guidance from trainers. A facilitation ceremony was held to acknowledge the efforts of the trainers, with certificates of appreciation and small tokens of gratitude presented by Agape Blessed Foundation Trust. The program had a significant impact, with participants and parents expressing appreciation for the initiative. Many children reported increased confidence and a stronger sense of security, highlighting the success of the training in equipping them with vital self-defence skills and personal awareness.





## Teachers' Day Celebration and Stationery Kit Distribution

On 5th September 2024, Agape Blessed Foundation Trust celebrated Teachers' Day with the children from its 'Empowering the Young Minds' project in Sultanpur. The event was filled with warmth and gratitude as the children expressed their appreciation for their mentors and teachers through speeches, poems, and cultural performances. Several children shared heartfelt words about how their teachers have inspired and guided them, while others performed songs and dances, adding a festive touch to the celebration. The teachers and mentors of Agape Blessed Foundation were deeply moved by these expressions of gratitude, reinforcing the foundation's vision of nurturing young minds with care and guidance. As part of the celebration, Agape distributed stationery kits to 54 underprivileged children, providing them with essential educational supplies such as notebooks, pencils, erasers, sharpeners, crayons, and biscuits. This initiative aimed to support the children's educational journey by equipping them with the necessary tools to continue their studies with enthusiasm. For many of these children, access to basic school materials is a challenge, and this distribution served as a step towards alleviating that burden. The event successfully combined appreciation for educators with tangible support for students, fostering a spirit of learning and gratitude within the community.



## Mastering Time: A Lesson in Effective Planning

On 13th September 2024, Agape Blessed Foundation Trust organized a valuable time management session at its Sultanpur center, led by intern Ms. Simran. Aimed at helping children effectively balance academics, play, and responsibilities, the session introduced practical strategies like to-do lists, goal setting, and timetables through interactive discussions and relatable examples. Children actively engaged in creating their own daily schedules, learning how to overcome procrastination and improve productivity. The session received enthusiastic responses from both children and parents, highlighting its impact on fostering discipline and motivation. This initiative reinforced the Trust's commitment to holistic child development by equipping young minds with essential life skills.



## Celebrating Gandhi Jayanti: Inspiring Young Minds with the Spirit of Cleanliness and Truth

On 2nd October 2024, Agape Blessed Foundation Trust celebrated Gandhi Jayanti with the children of its *Empowering the Young Minds* project in Sultanpur, paying tribute to Mahatma Gandhi's ideals of non-violence, truth, and self-reliance. The event featured heartfelt speeches by children reflecting on Gandhi's legacy and a drawing competition centered on the *Swachh Bharat Abhiyan*, where participants creatively illustrated the importance of cleanliness and hygiene. The celebration not only deepened the children's understanding of Gandhi's philosophy but also instilled values of social responsibility and civic awareness, aligning with the foundation's mission to nurture responsible and empowered future citizens.





## Dussehra Celebration: A Festive Learning Experience for Young Minds

On 10th October 2024, Agape Blessed Foundation Trust organized a vibrant Dussehra celebration for the children of the *Empowering the Young Minds* project in Sultanpur. The event was designed not only to introduce the children to the significance of Dussehra but also to engage them in a creative, hands-on activity that reinforced the festival's key messages of righteousness and victory of good over evil.

The celebration began with an engaging discussion on the story of Lord Rama's triumph over Ravana, emphasizing the values of courage, morality, and integrity. The children actively participated in conversations about the cultural and historical relevance of Dussehra across India. To further enrich their learning, a special statue-making activity was conducted, where the children crafted miniature figures of Lord Rama, Ravana, and other symbolic elements using eco-friendly materials. This creative initiative not only helped them understand the festival's essence but also encouraged teamwork, artistic expression, and environmental consciousness.



## International Day of the Girl Child: Celebrating Empowerment and Equality

On 11th October 2024, Agape Blessed Foundation Trust celebrated the International Day of the Girl Child with the children of its *Empowering the Young Minds* project, focusing on promoting gender equality and empowering young girls. The event featured a drawing competition on the theme "Empowering Girls for a Brighter Future," where children expressed powerful messages on equal opportunities and education. A heartfelt poetry session followed, allowing girls to share self-composed verses reflecting resilience and aspiration. The celebration fostered confidence, awareness, and inclusivity, reinforcing the foundation's commitment to advocating for girls' rights and building a more equitable society.



## Sports Day Celebration Report

On 19th October 2024, Agape Blessed Foundation Trust organized a joyful and energetic Sports Day, bringing together children for a day filled with fun, physical activity, and healthy competition. Under clear skies, the event featured exciting games like the Lemon Race, Put the Ball in the Cup, Frog Race, and Catching the Handkerchief—each designed to enhance focus, agility, and teamwork. The children participated enthusiastically, showcasing great sportsmanship and vibrant energy, while volunteers and staff cheered them on with encouragement. The event not only fostered camaraderie and resilience but also helped the children develop essential motor skills and embrace challenges with confidence and joy.





## Diwali Celebration at Agape Center

On 30th October 2024, the children under the *Empowering the Young Minds* project joyfully celebrated Diwali at the Agape Center, embracing the spirit of creativity, culture, and togetherness. The festivities began with a vibrant diya decoration competition, where children enthusiastically expressed their artistic talents by transforming plain diyas into colorful symbols of light and positivity. This engaging activity encouraged creativity, self-expression, and fine motor skill development. The celebration continued with a delicious group lunch featuring Chhole Bhature and a sweet chocolate treat, offering the children a chance to bond, share laughter, and enjoy the festive spirit in a warm, communal setting.



## Report on International Child Rights Day Celebration

Agape Blessed Foundation Trust marked International Child Rights Day on 20th November 2024 with a vibrant celebration at the Sultanpur Community Center. As part of the 'Empowering the Young Minds' project, the event aimed to raise awareness about child rights and celebrate the achievements of the children supported by the trust. The day commenced with heartfelt speeches by children, sharing their perspectives on the right to education, protection, participation, and survival, showcasing their understanding and aspirations.

The cultural segment of the program featured a compelling skit highlighting the value of education and the perils of child labor, a lively group dance expressing the joy of childhood, and powerful speeches that reflected the knowledge gained through mentoring sessions. Adding to the excitement, children were recognized for their participation and creativity in past activities, including kite-making, rakhi-making, and Sports Day, with gift hampers and certificates distributed to winners and participants.

This event not only amplified the voices of children in advocating for their rights but also reaffirmed the trust's commitment to their holistic development. The collaborative efforts of children, parents, and volunteers ensured the success of this memorable celebration, underscoring the importance of a collective approach in creating an inclusive future for every child.





## Report on November Born Birthday Celebration

Agape Blessed Foundation Trust hosted a heartwarming November Born Birthday Celebration on 30th November 2024 at the Sultanpur Community Center, New Delhi. The event was organized to honor and celebrate children born in November, making them feel cherished and valued. The venue was adorned with colorful balloons, streamers, and banners, creating a vibrant festive ambiance. A beautifully decorated birthday cake with the names of the November-born children became the highlight of the event. The celebration's centerpiece was the collective cake-cutting ceremony, where all November-born children came together to cut the cake amidst cheers and applause from their friends, mentors, and volunteers. This joyful moment symbolized love, unity, and belonging. The event left a lasting impact by fostering emotional well-being, creating joyful memories, and strengthening bonds among the children. It stood as a testament to the foundation's commitment to nurturing happiness and togetherness within the community.



## Free Medical Health Checkup, Free Eye Checkup, and Nutrition Kit Distribution in Collaboration with Mahavir International Hospital

On 7th December 2024, Agape Blessed Foundation Trust, in collaboration with Mahavir International Hospital, organized a comprehensive health and wellness drive for underprivileged communities. The initiative included free general health and eye checkups, along with the distribution of nutrition kits. Medical assessments, consultations, and diagnostic tests ensured essential healthcare access for marginalized individuals, while eye camps helped detect and address vision issues. The distribution of balanced nutrition kits supported families facing food insecurity, especially benefiting children and the elderly. This impactful collaboration reinforced the Trust's commitment to promoting health and well-being among vulnerable populations.





## Report on Menstrual Hygiene Session and Distribution Drive

On 6th December 2024, Agape Blessed Foundation Trust organized a Menstrual Hygiene Awareness Session and distribution drive in Kusumpur Pahari to promote health, dignity, and education among adolescent girls and women. The session educated participants on safe menstrual hygiene practices, followed by the distribution of biodegradable sanitary pads to over 100 beneficiaries, supporting both personal health and sustainability. Additionally, under the *Empowering the Young Minds* initiative, 107 free educational kits—containing notebooks, pens, pencils, geometry boxes, and storybooks—were distributed to children, reinforcing the trust's commitment to holistic community development through health and education.





## Report on the "Kit of Love" Winter Drive at Uttam Nagar

On **21st December 2024**, Agape Blessed Foundation Trust successfully organized the **"Kit of Love" Winter Drive** in Uttam Nagar, bringing warmth and joy to underprivileged children. The initiative aimed to support the educational needs of slum children by providing them with essential learning resources. A total of **150 children received stationery kits**, including notebooks, drawing books, pens, pencils, erasers, and colors, to aid their studies. To add to the festive spirit, a special cake-cutting celebration was held, allowing children to enjoy a delightful treat. The event also featured a **warm-up fun activity**, which energized the participants and created a lively atmosphere. Through this drive, Agape Blessed Foundation Trust reaffirmed its commitment to **empowering young minds** and ensuring that education remains accessible to all. The children expressed their gratitude, and the event left a lasting impact, inspiring them to continue their learning journey with enthusiasm and determination.





## Report on the Christmas Cultural Event by Agape Blessed Foundation Trust

On 25th December 2024, Agape Blessed Foundation Trust organized a Christmas Cultural Event at Sultanpur under the *Empowering the Young Minds* initiative, spreading joy and festive cheer among children and their families. The celebration began with the distribution of 90 snack kits, ensuring that everyone enjoyed a special treat. To add to the festive spirit, children relished a delicious Christmas cake, and 60 kids received Santa caps, bringing excitement and smiles. The highlight of the event was the cultural performances, where children showcased their talents through energetic dance performances, melodious songs, and engaging skits. Their creativity and enthusiasm made the celebration even more special. The event fostered a sense of community, encouraging children to express themselves while strengthening bonds among participants. It concluded on a joyful note, leaving everyone with cherished memories of a Christmas filled with love, laughter, and togetherness.





## Educational Trip- Air Force Museum, Rail Museum and Nehru Park

On January 8th, 2025, the Agape Blessed Foundation Trust organized an enriching educational trip for children, offering them a unique opportunity to explore various historical and educational landmarks. The trip included visits to three prominent locations: the Rail Museum, the Air Force Museum, and Nehru Park. At the Rail Museum, children gained insights into the evolution of the railway system, viewing antique locomotives and learning about the significant role of rail transport in India's development. The Air Force Museum introduced the children to the history of the Indian Air Force, showcasing aircrafts and artifacts that highlighted the nation's military aviation history. Lastly, the group visited Nehru Park, where they could enjoy the serene environment and engage in outdoor activities, combining both education and leisure. This thoughtfully organized trip not only broadened the children's knowledge in diverse fields but also encouraged them to explore their curiosity in a fun and interactive way. The event was a resounding success, providing an enjoyable learning experience for all the participants.





## Oral Health session with free dental kit distribution

On 17th January 2025, Agape Blessed Foundation Trust organized an Oral Health Awareness Session at the Empowering the Young Minds project in Sultanpur, New Delhi, to educate children about the importance of oral hygiene and provide essential dental care resources. The session was conducted by a team of dental professionals who demonstrated proper brushing and flossing techniques, engaged children in interactive discussions, and addressed their concerns through a Q&A session. Over 60 children actively participated, showing enthusiasm for adopting better oral hygiene practices. Each child received a free dental kit containing a toothbrush, toothpaste, and dental floss, ensuring they had the necessary tools to maintain good dental health. Fun activities such as quizzes and storytelling made the learning process enjoyable. Parents and guardians appreciated the initiative, recognizing its impact on the children's overall well-being. The event was a success, reinforcing the commitment of Agape Blessed Foundation Trust to promote health awareness and provide essential support to underprivileged children. We extend our heartfelt gratitude to the dental professionals, volunteers, and donors who made this initiative possible.



## Republic Day Celebration on 25<sup>th</sup> January at ABFT

On 25th January 2025, Agape Blessed Foundation Trust organized a vibrant Republic Day celebration, filled with enthusiasm and patriotism. The event began with a heartfelt speech highlighting the significance of the Indian Constitution and the sacrifices made by our freedom fighters. Children and attendees were reminded of their responsibilities as citizens and the values of unity and diversity. Following the speech, a drawing competition was held, where children expressed their creativity by depicting themes of national pride, freedom, and progress. Their colorful artwork beautifully represented the spirit of the nation. The celebration concluded with a sense of pride and joy, reinforcing the importance of Republic Day in shaping a strong and inclusive India.





## Republic Day Celebration on 26<sup>th</sup> January 2025 at huzur Nagar

On 26th January 2025, Agape Blessed Foundation Trust celebrated Republic Day with great enthusiasm at Huzur Nagar. The event began with the hoisting of the national flag, followed by the singing of the national anthem, filling the atmosphere with patriotism. Children and attendees paid tribute to the spirit of the Indian Constitution and the sacrifices of freedom fighters. As a part of the celebration, T-shirts were distributed among the children, bringing smiles to their faces. The event not only instilled a sense of national pride but also reinforced the values of unity, equality, and progress.



## Leaf Art on 8<sup>th</sup> February 2025

On 8th February 2025, Agape Blessed Foundation Trust organized a creative **Leaf Art Craft Work** session for children, encouraging them to explore their artistic skills using natural materials. The activity aimed to promote environmental awareness and creativity among the young participants. Children collected different types of leaves and used them to create unique and colorful designs, including animals, landscapes, and abstract patterns. The session not only enhanced their artistic abilities but also instilled a sense of appreciation for nature. The children actively participated with enthusiasm, showcasing their innovative artwork. The event concluded with a small exhibition of their creations, fostering a sense of accomplishment and joy.



## First Aid Session

On 10th February 2025, Agape Blessed Foundation Trust organized a **First Aid Awareness Session** to equip children with basic knowledge of handling medical emergencies. The session covered essential first aid techniques, including treating minor cuts and burns, managing nosebleeds, handling fractures, and performing CPR in emergencies. Through practical demonstrations and interactive discussions, children learned how to respond calmly and effectively in critical situations. The session also emphasized the importance of keeping a first aid kit at home and school. The engaging and informative session empowered children with life-saving skills, ensuring they are better prepared to handle emergencies responsibly.





### Session on Prevention from Substance Abuse

In February 2025, Agape Blessed Foundation Trust conducted a series of **Substance Abuse Prevention Sessions** on **22nd, 27th, and 28th February** to raise awareness among children and young individuals about the dangers of drug and alcohol abuse. The sessions focused on educating participants about the harmful effects of substance abuse on physical and mental health, as well as its impact on families and society. Through interactive discussions, real-life case studies, and engaging activities, children were encouraged to make informed and responsible choices. The sessions also emphasized the role of peer pressure and how to resist it, along with guidance on seeking help when needed. These awareness programs aimed to empower young minds with knowledge and confidence to lead a healthy and substance-free life.



## No Smoking day and Women day celebration

On 8th March 2025, Agape Blessed Foundation Trust celebrated No Smoking Day and International Women's Day with a blend of awareness and creativity. The event began with an informative speech addressing the harmful effects of smoking and the importance of adopting a tobacco-free lifestyle, while also highlighting women's empowerment and the need for gender equality. A drawing competition followed, where children artistically portrayed the strength of women and the dangers of smoking. The celebration concluded with a heartfelt poetry session, featuring powerful verses on women's achievements and healthy living. The event inspired reflection, expression, and advocacy, making a meaningful impact on all participants.





## Holi Celebration

On 13th March 2025, Agape Blessed Foundation Trust celebrated Holi with immense joy and community spirit, bringing together children and locals to embrace the festival of colors. The event began with an awareness talk on the significance of Holi and the use of eco-friendly colors, promoting harmony and sustainability. Children enjoyed playing with organic colors, dancing, and relishing traditional sweets, while games and cultural performances added to the festive cheer. The celebration fostered inclusivity, unity, and happiness, concluding with shared refreshments and cherished memories that strengthened community bonds.



