

# Agape Blessed Foundation

163, Bethel House, Sultanpur, New Delhi - 110030

[www.agapeblessedfoundation.com](http://www.agapeblessedfoundation.com)

## Annual Report 2019-20



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### **Achievement**

Best Volunteers Service Award by Child Welfare Committee

Maximum Volunteers and Hours by Agape during Missing  
Children Helpdesk March and October 2019 by CWC, DCPU  
South East





## About Us

Agape Blessed Foundation Trust is a charitable organization aiming to benefit children, women, elderly, differently-able and LGBTQ community through active welfare projects on education, healthcare and wellness, livelihood skill training and women empowerment among the urban and underprivileged sections of rural and suburban areas through philanthropic collaboration and partnerships with individuals, corporates and civil involvements.



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## Mission

Transform the world to be a better place to live with dignity, freedom, security and equality for ALL - WE ARE THE TRANSFORMERS.



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## **Beneficiary**

Child conflict with Law	319
Child with need Care and protection	1120
Counselling	712
Missing Children	621
POCSO Training	3325

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## VOICE - Chairperson' Heart



My motive to start this organization was very simple; I just wanted to serve the needy and poor. Grown in Christian faith drove my interest towards charity work. But was not aware of the platform where I could learn the ground reality. To understand Social Work, I joined my master's in social work programme though the knowledge was not yet enough to help someone in need and field was much more than charity concept. Being a student I had to visit many places, at times I was in pain looking at the vulnerable condition of our society. There were many organization yet there was so much to be done, many unanswerable questions made me restless. The only solution was – **be the one and put efforts to see the change you really want to see.** As an answers to my questions this organization came into existence.

As I was new in this field, there were challenges and hardships which shattered my confidence at times, but the zeal and promise I made within myself was more authoritative than any other fiasco. We started flight to shield the children in need of care and protection. Being in field, understanding child' heart and their actual need was not easier, but as its said practice makes a man perfect, I was also learning every day. Field gave me the real knowledge and also helped me to train my team in right direction. Today we have touched thousand' with the help of our supporters and volunteer.

I believe that there is no greater peace than helping someone, who is in need and making that one life worth- living.

- B. Sarkar

# GOVERNING BODY

## FOUNDER



B. SARKAR

## TRUSTEES



SMRITI SHARMA



ANNAMMA  
BINOY



BINOY SARKAR



ASHISH SARKAR

## AGAPE TEAM



KHAISUAN



MEDHAVI



NIDHISH

## ACTIVITIES PERFORMED BY AGAPE

APRIL 2019 TO MARCH 2020

1. Missing Children Help Desk at Kalkaji during Navaratra in April month
2. Training Session on Social Investigation as per JJ Act in June month
3. Making Mukti Mission Child- Friendly
4. Yoga Workshop at observation Home
5. Behavior change and youth empowerment
6. Rescue from forced prostitution
7. Independent day celebration
8. POCSO Training
9. POCSO Training for trainers at DCPCR office
10. POCSO Awareness Run at CP
11. 50 POCSO Awareness on Good Touch and Bad Touch
12. Kalkaji Missing Children Helpdesk
13. HariNagar Missing Children Helpdesk
14. 19 POCSO Awareness Session in NMCD Schools- Narela
15. POSCO Training in Jasola School
16. Winter Drive for Homeless children
17. A Kit of compassion for elderly and needy
18. Cancer Awareness Walk
19. Counseling to Juveniles in Observation home (April'19 to March 2020)
20. Home Visit and rehabilitation for Children in need with care and protection (April'19 to March 2020)

## VOLUNTEERS SUPPORT 2019-2020

Bhagateshwar Patro,  
Seema,  
Suryansh Sree,  
Neelima, Komal,  
Ravi Raj Kamal,  
Rohit Arya,  
Farhana,  
Tehmina,  
Shakshi Rana,  
Rohit Kashyap,  
Parveen Singh,  
Krishna Nag,  
Pradeep Kumar,  
Govind, Kiranbala,  
Manoj Pandey,  
Rati Rajan, Suraj,  
Yogesh, Vikas,  
Rahul,  
Rachana Singh,  
N.Shyamlallun,  
Sehnaj, Veenitha,  
Tahira, Shabnam





## Article on Rescue Work

### **A JOURNEY FROM DARKNESS TO LIGHT**

A girl named Shanti (name changed) came to Delhi two and a half years back. She is from Andhra Pradesh and belongs to a lower middle class background. Her family comprises of 5 members that includes Father, 3 brothers, and Shanti herself. Her father is an alcoholic and her brothers are also into substance abuse.

One of the elder brothers even abused her physically. She shared in grief the fact that her own brother abused and assaulted her but she could not do anything about it as circumstances were not in her favor. Moreover she could not even share to anyone what was happening with her as her father and brothers were in substance abuse. Her mother had already passed away when she was 10 years of age. She got so depressed of the entire situation that she wanted to commit suicide. While she was on the verge of doing so she was stopped by one of her neighbors.

INTERNS  
SUPPORT  
2019-2020

Pooja, Payal  
Kritika Garbyal,  
Smriti, Aasma  
Neha Kumari  
Neha Saini, Amrit  
Raj, Deepak  
Vijeta, Rupak  
Bharti, Rishabh  
Anjali Malik, Sunita  
Prema Evelyn  
Dilip, Ravi Lama  
Karan, Piyush  
Shivani, Ekta  
Deepshikha, Sanjay  
Girendra Kumar,  
Ammub, Ridhima,  
Monalisa, Naufil,  
K.S.Puicheng, Kanika,  
Pushpalata

Later on, with the help of a friend, she managed to run away to Delhi from her place along with her ID and other credentials and belongings. On reaching Delhi, she thought that her life would be better then. She applied for a job of housemaid and everything was going well until after a week the owner of the house started physically abusing and sexually assaulting her. This continued for two years. She also tried to inform the owner's wife about it but she did not do anything to help Shanti. For two years Shanti was not paid even a single penny for the household work she did and the situation further worsened.

Finally, she started protesting against the heinous act of the owner who felt to shift her to a place distant from his house to avoid any blemish on himself due to Shanti. He pondered over it and decided to shift her to a brothel at GB road. But alas! Her life became even more miserable as she was forced to attend 17 to 18 customers in a day. She was totally frustrated from her life. It was really a hellish life for Shanti. She developed a hate psychosis in her that was pricking her every moment. She desperately wanted to come out from the mess of her life. And she even tried to ask for help from the customers to help her get out of that situation, but nobody helped her.

She even tried talking to a police officer about the fact that she was forced into prostitution but before she could explain everything to the officer, her pimp got to know about her intentions and the pimp ruthlessly thrashed and assaulted her.

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In meantime, she got into pregnancy but even in that situation she was forced to serve the clients. She had 3 months pregnancy by then but she did not want to continue with the pregnancy and requested the pimp repeatedly to get her aborted. After much persuasion, the pimp agreed to carry out a local abortion process.

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After this incident, the man who had placed Shanti in that brothel called her back to his place and promised her that he would arrange a ticket for her so that she could go back to her native place. Again, it turned out to be another false promise by him and he continued to physically abuse her while she was at his place. Few days later, he for the second time placed her in the brothel. This time after a week of being there she met a guy who gave her a number and told her to contact in case she needed any help or wished to leave that suffocating life. Finally, she gathered the courage to contact and it turned out to be an NGO number.

Later, she was rescued. Her smile with hope to lead a happy life after coming out from the year's long darkness of insecure life marked a blaze of light on her face. She cried with joy but a stint of fear on her face as what next was going to happen with her when she heard the voice of her old father over phone after two and half years of bereavement from her family. She was shivering and consoling her father that she was fine and nothing to worry about. But, she was unwilling to go back home because the household treatment what she got from her brother in her house haunted her mind again and again, and she succumbed to the trauma she met there rather she always wanted to earn her livelihood with dignity.

Now she feels courageous and wants to lead a life worth of a true human being.

The entire process was not easy but our organization, Agape Blessed Foundation Trust rescued the victim. She was provided with individual counseling sessions so as to help her regain her confidence in herself and have a hope for a better future. Agape also helped her with the medical examination so that the police officials could file an FIR against the accused. The FIR was filed

and the accused was put behind bars and justice was served to Shanti.

There are many more Shanti in queue who are leading a life of Cimmerian darkness of such life who aspire a happy and bright life; and need our help and support in time.

**नौकरी के नाम पर नाबालिग को जीबी रोड पर बेचा, हुई मुक्त**

नई दिल्ली, 8 अगस्त (नवोदय टाइम्स) : आंध्र प्रदेश की अन्तपुर की रहने वाली एक नाबालिग को दो साल पहले एक महिला नौकरी दिलाने के नाम पर दिल्ली लाई। फिर एक साल को बेच दिया। करीब डेढ़ साल तक शारीरिक शोषण करने के बाद आरोपी ने उसे जीबी रोड पर बेच दिया। लेकिन बुधवार को वह लड़की किसी तरह कोटे की नायिका के कब्जे से फरार हो गई और एक एनजीओ मिशन मुक्ति फाउंडेशन के पास पहुंच गई। फिर कमला मार्केट पुलिस ने कार्रवाई करते हुए कोटे की नायिका सरोज और आरोपी हरिया अरोड़ा को पीड़िता के शिकायत पर गिरफ्तार कर लिया। पुलिस अधिकारी के मुताबिक, पीड़िता आंध्र प्रदेश के अन्तपुर की रहने वाली है। जब वह 12 साल की थी। तभी उसके मां को रहने वाली एक महिला नौकरी दिलाने के नाम पर दिल्ली लेकर आई और आरोपी हरिया अरोड़ा के पास उसे बेच दिया। पीड़िता का आरोप है कि वह करीब डेढ़ साल तक उसका शारीरिक शोषण करता रहा। फिर छह महीने पहले उसे जीबी रोड स्थित कोटा नंबर 71 पर बेच दिया। वहां पर उसके मज्जी के खिलाफ उसका शारीरिक शोषण किया जाता रहा। इस दौरान पीड़िता वहां से कई बार भागना चाहा। लेकिन भाग नहीं सकी। तभी एक कस्टर ने उसे एक एनजीओ का उसे नंबर दिया।

**कोटे की नायिका समेत दो आरोपी गिरफ्तार**

During that time, my value became the amount of money I could make and the amount of pleasure I could give to my clients.

**30 percent of all child prostitutes are in the six major cities of India, namely, Calcutta, Delhi, Bombay, Madras, Bangalore and Hyderabad, as revealed in a report (1994) on child prostitution prepared by the Ministry of Human Resources Development, Government of India, were under 20 years of age.**

**STAND WITH AGAPE**

**RAISE YOUR VOICE AGAINST CHILD SEXUAL ABUSE**

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## **MISSING CHILDREN HELPDESK**

### **during Navratri at KALKAJI, 5<sup>th</sup> to 14<sup>th</sup> April 2019**

Kalkaji Mandir, New Delhi during Navratri period usually receives lakhs of devotees which poses difficult situations to control the gathering even though the Delhi Police set up special arrangements to control the movement of the people. Cases of Missing children, bereavement of children or elderly from their near and dear ones are quite common to happen in hundreds. The concern of missing children was the basic issue before Delhi Police, CWC, Kalkaji and DCPU, South East Delhi which has been bothering these Govt. institutions much for years.

A thought prevailed among CWC members of Kalkaji to set up a Helpdesk to reunite the missing children with their parents/guardians in co-ordination with Delhi Police in 2017 and it was agreed upon. The HELPDESK for missing children has been set up during both sessions of Navratri in a year at Ram Pyau Police Chowki with the joint efforts of CWC, Kalkaji; DCPU, Delhi South East and Delhi Police. Agencies/ NGOs like Agape Blessed Foundation Trust, NSS, GSPA, CASP PLAN and World Vision came forward to manage the Helpdesk for all the nine days for twenty-four hours.

Since beginning Agape Blessed Foundation has been the most active support agency in managing the Helpdesk. Volunteers of Agape Blessed Foundation were present in all the shifts. For the first time six prizes were offered for the agencies and volunteers, providing most numbers of volunteers, leadership qualities, Supervision and overall monitoring of the Helpdesk. Agape won five out of six for its excellent performance. Bindiya

Sarkar, Agape's Chairperson was awarded for the best leadership in organizing and managing the Helpdesk. Being Chairperson of Agape and to boost the morale of volunteers she has given more than Hours to the Helpdesk. Agape's Ravi Raj, Arjun and Sakshi Rana were awarded special prizes for working for maximum hours.

The result was unprecedented. Over 200 cases including missing children and more than 800 cases of Adults; bereaved ladies and elderly persons were reunited with their kith and kin during these nine days. It is a great achievement as such. Bindiya Sarkar attributed the success of the Helpdesk to all the members of her Agape team and volunteers of other agencies who worked hard day and night for almost ten days selflessly for the cause of the needy children and elderly ones.

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## ***Workshop on Social Investigation Report***

Agape Blessed Foundation is one of the leading Support Agencies to Child Welfare Committees and Juvenile Justice Board in Delhi NCR which deals with the referred cases of these Govt. Institutions working for the Care and Protection and Welfare of the Children in their capacity to enhance the Protective Cover to the oppressed, suppressed and abused children as well as the delinquent juveniles respectively under any circumstances. We mainly undertakes the cases of CWCs to make Home Visit to do Social Investigation and counseling.

Agape Blessed Foundation has put itself since its very inception in this important task and thereby envisioned to create a group of efficient Social Workers who can justify their education of Social Work not merely restricted to pen and paper only but they must know the reality of Social problems and vulnerability of Society from their own eyes and know the remedial methods under the jurisdiction of Social Work Methodology to enhance the social functioning of the most vulnerable part of our Society.

As we know that a proper training program considering all aspects of a subject concerned is always an essential prerogative which is required to enhance the quality of efficient functioning in any field of capacity building to achieve time-bound targets/objectives of an agency/institution/organization. So, Agape Blessed Foundation has been very much concerned about its work-culture and to fulfill one of the important aspects of its objectives of training volunteers and team members.





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## **Yoga Workshop for Juvenile in Observation Home**

A two-day YOGA WORKSHOP was organized for the inmates of PRAYAS Observation Home for Boys at OBH-I, Delhi Gate, New Delhi on 15<sup>th</sup> – 16<sup>th</sup> July, 2019 by AGAPE BLESSED FOUNDATION TRUST which has also been extending Counseling services regularly to the inmates of PRAYAS HOME as Support Agency to JJB. The program was initiated by Agape on the backdrop of children's need and aspirations to learn and practice Yoga in their daily life which was taken into cognizance by JJB and consented for the same.

The Yoga Session was commenced after formal introduction of Yogacharya Acharya Guniindrananda Avadhuta by Bindiya Sarkar, Chairperson of Agape Blessed Foundation in the gathering of children, Home staffs and Social Work interns who were to assist Acharya in teaching.

The Yoga session on the first day started from 4.00 PM to 6.00 PM. First of all, children were taught Padmasana (Lotus Posture) and then they were instructed how to meditate on breathing while sitting in Padmasana. Each and every child was being helped by the social workers so that they can sit in the right posture for meditation. It was really not easy for them in the first instant to sit in the required posture and keep their eyes closed even for few minutes in the beginning. Then, the importance of meditation for young children was highlighted. They were amazed to know the benefits and agreed to practice it again by the end of the session.

A short Session of Meditation was followed by teaching Yogasanas. Children were taught Baddha Padmasana, Gomukhasana, Chakrasana, Dhanurasana, Bhujangasana and Shashangasana. The duration of particular posture of each Asana, No. of repetitions of the posture and its benefits on body and mind were well highlighted. There was a short inspiration talk delivered by the Acharya and the Yoga Session was concluded for the day.





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On 16<sup>th</sup>, the session was initiated with the practice of Meditation on breathing. Children were instructed to sit in Padmasana and recite the Shloka... “Sangachchhadvam’ Samvadadhvam’...” and concluded with another Shloka...” Nityam’ Shuddham’ Nirabhasam’...” The Session of Meditation today was a bit more prolonged than earlier. Most of them showed keen interest in meditating as per instructions. They were seemed enlightened. The agility on their faces was transformed into a sonic aura of happiness. Acharya repeated the significance of practicing meditation daily in individual life so that they might well understand its relevance and put into practice.

They were taught how to massage the whole body after practicing Yogasanas and finally Shavasana with detail elaboration and significant effect on Body and Mind. Thus regular practice of Yogaasana and Meditation can help the children to come out from aggressive behavior, negative emotions and depressive mood and they may spend their time in Home cheerfully and learn positive attributes and skills delivered there as long as they stay in Observation Home.

Overall the TWO-DAY YOGA WORKSHOP at PRAYAS OBSERVATION HOME was very successful and epoch-making event for the inmates (children).



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## **Four Days Art of living and Youth Empowerment Workshop**

Agape Blessed Foundation being a support agency to Juvenile Justice Board-II and Prayas Observation Home for boys has been extending its counseling services, to the cases of children since 2017 happens to go further to bring about considerable behavioral changes in the juveniles of Prayas Observation Home. It enjoys the credit of a good many success stories of transforming the mindset and attitude of children in conflict with law lodged in Prayas Observation Home through counseling and motivation which is significant as a positive transition in the life of children.

In the above context, the Prayas Observation Home for Boys-I, Delhi Gate, New Delhi with the collaboration of Art of living and Agape Blessed Foundation had organized a Four days' workshop from 29/07/2019 to 01/08/2019. This workshop took place under the direction of Amit (trainer) and Anand Rai (Faculty of Art of Living). The boys were told about the various significance of Art of living and youth empowerment in the life of human beings and importance of concentration and mental peace.



Trainer introduced about the program to the children about the Art of Living programs for children and teens aged between 8 - 18 years that harness timeless wisdom, innovative processes and techniques which equip participants to overcome stress on a day-to-day basis, and create better awareness and belongingness. Children and teens develop and strengthen emotional skills, thinking skills and social skills crucial to life.

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The program was divided into 4 days course which was as follows:

- **Knowledge sessions:**

Knowledge session starts with the introduction from faculty of art of living. The course was full of fun and happiness and children were smiling from ear to ear the entire time. They had a young teacher with a perfect smile and he showed the importance of smile which made us go through all the things we had experienced in life so far in family, career and relationships.



- **Happiness program:**

Happiness program consisted of telling children the importance of happiness in day to day life. Program consisted of following highlighted points:

1. Life is full of small events and most of the time we get stuck into it, giving it full importance and value. Enjoy all such events - witness them. If you get stuck into it, then you will never enjoy and also you will “miss out the learning of the event in your life”.
  2. Forgiving is the best option in any fight. If you can't forgive, then it will only trouble you more.
  3. Our ego is entitled to limited - like salt in food or it should be unlimited the whole world belongs to me. Then, life will become easier.
  4. Confidence is something which you already have. You just have fear of what people will think about you. If you can overcome this - you will become confident enough to enjoy 100% credence in front of millions.
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- **Leadership activity:**

As the Bhagavad-Gita says, “A person is said to have achieved Yoga, the union with the Self, when the perfectly disciplined mind gets freedom from all desires, and becomes absorbed in the Self alone.” The physical benefits of Yoga for teens are quite similar to the benefits of Yoga for adults. In the end, Yoga means ‘union’ in Sanskrit, so it makes sense that many of the benefits would be the same.

- **Sudarshan Kriya:**

Sudarshan Kriya is a powerful yet simple rhythmic breathing technique that incorporates specific natural rhythms of the breath, harmonizing the body, mind and emotions. Sudarshan Kriya harmonizes the rhythms of the body, emotions and puts them back in tune with the rhythms of nature. Being in rhythm, we feel good about ourselves, love flows naturally in all relationships.

Sudarshan Kriya facilitates physical, mental, emotional and social well-being and is an integral part of Art of Living programs.

The Sudarshan Kriya Technique involves:

1. Ujjayi (Victorious Breath)
2. Bhastrika (Bellows Breath)
3. Om Chant
4. Kriya (Purifying Breath)



Children were very enthusiastic after undergoing the training program and they seem to realize the notion of importance of giving up the diversification of their ill thoughts and move towards the right path in their life. Few of the children shared their past stories as how they got to involve in the dark way of offences and came here with the tag of misdeed to the Observation Home.

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## POCSO Awareness Run at Connaught Place

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Child sexual abuse is a pandemic in India, and massive steps need to be taken to stop it so children, the future of our country, are not destroyed. The government enacted the Protection of Children against Sexual Offences (POCSO) Act, 2012, to curb this menace wherein over half the children of India, or 53 percent, have faced one or the other form of sexual abuse, according to a large-scale government study conducted in 2007. However, when we see that the rate of conviction in cases under the POCSO Act is less than 20 percent and that over 90 percent of these cases are pending in court, it is clear that the law is not proving to be a deterrent.

Agape Blessed Foundation took part in POCSO Run along with its 80 volunteers organized by Samadhan Abhiyan to create awareness on 17<sup>th</sup> November 2019. We believe that prevention rather than cure should be the way to go. We, in India, need to ensure that our children live a life of dignity free from sexual abuse, and the best way is to ensure that all children are educated about personal safety. Also, there needs to be enough public awareness campaigns to sensitive parents, teachers, children, guardians and even potential child abusers to nip the evil in the bud and put an end to the crime before it has the chance of being perpetrated.





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## National Child Rights Day Celebration

Child Rights Day in India is celebrated every year on 20<sup>th</sup> of November to reconsider the real human rights for all the children in India. A national conference is organized yearly on 20<sup>th</sup> on November by the National Commission for Protection of Child Rights to make aware the people about all the rights of their children. 20<sup>th</sup> of November is also celebrated as the Universal Children Day (International Child Rights Day) all across the world.

Agape Blessed Foundation Trust organized National child rights day on 23<sup>rd</sup> November 2019 at Deer Park, Hauz Khas, with the coordination of South and South East, Delhi, Child Welfare Committee and District Child Protection Unit. It is the second year for Agape to take initiative to celebrate this event with children from Child Care Institution, South and South-East.

There were many activities including drawing competition, almost 130 children took part in the competition, the judges were Mohini Srivastava - Protection Officer, Amrit Raj - DDG, Archana Agnihotri – President of Samadhan Abhiyan.



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## Child Anti-Begging Campaign

In general, beggars can be categorized into two types. Those who have no choice and are forced to do it, and those who have mastered the art of begging and make a substantial amount of money from it. While poverty is real, begging is quite often carried out in organized gangs. For the privilege of begging in a certain territory, each beggar hands over their takings to the gang's ringleader, who keeps a significant share of it. Beggars have also been known to deliberately maim and disfigure themselves to get more money.

In addition, many children are abducted in India and forced into begging. The statistics are alarming. According to the Indian National Human Rights Commission, up to 40,000 children are abducted every year. The whereabouts of more than 10,000 of them remain unknown. What's more, it's estimated that 300,000 children across India are drugged, beaten and made to beg every day.

Since 2017, Agape Blessed Foundation Team along with District Child Protection Unit South and South-East trying to create awareness among local people to stop Child Begging through talks and campaigns. This year we campaigned against child begging during Navratri in Kalkaji Temple and Hari Nagar, Santoshi Ma Temple.



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## **POCSO Training in 70 NDMC Schools**

Child sexual abuse is a major concern that is increasing day by day in India and to fight child sexual abuse, it is important that we all take responsibility in our own various ways to combat the menace. The country is experiencing frequent incidences of violations against children. Most of them happen in Schools where children spent their maximum time. In some incidents children are perpetrators and sometimes they are victimized by the people of their own surroundings.

The Ministry of Women and Child Development introduced Protection of Children from Sexual Offences (POCSO) Act, 2012 in order to effectively address the heinous crimes of sexual abuse and sexual exploitation of children through less ambiguous and more stringent legal provisions. The responsibility was given to National Commission for Protection of Child Rights (NCPCR) and State Commission for Protection of Child Rights (SCPCR) to include NGO's professionals, experts or persons who work with Psychology, social work, physical health, mental health and child development to follow the guidelines of POCSO Act, 2012. In collaboration with DCPCR, Agape team participated in two phases of safety week program to conduct POCSO awareness workshops in schools.

Our organization trained 8 facilitators to give training and conduct sessions in NDMC schools in collaboration with Delhi Commission for Protecting Child Rights during Safety Week. All trainers got in depth knowledge on POCSO act and how to conduct age appropriate sessions on schools. We visited schools in morning and evening shifts and conducted session. We covered 70 schools in North Delhi District. All our trainers received certificate from DCPCR for conducting these sessions. We could create impact on 5349 students along with school facility through this training program.







Sessions on POCSO Act and Safe - Unsafe Touch

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## Missing Child Helpdesk and Anti Begging Campaign in Hari Nagar

Shri Santoshi Mata Mandir, Hari Nagar is one of places in Delhi which attracts thousands of devotees for surrounding areas and because of crowd here sometimes children loose hands of their parents and to help the reunite as soon as possible DCPU with the support from Mandir Authority, Delhi Police setup a Missing Children Helpdesk during Navratri to help reunite the family.

Event like this requires support of dedicated and hardworking volunteers to make such event successful. Agape Blessed Foundation, Alamb NGO, Childline Delhi West and Bharti College has provided such volunteers. While doing our task we notice that there were begging going on in the Mandir Surrounding and to tackle the issues we also started campaign on Anti-Begging. Begging is one of the most serious social issues in India. We as a social worker and as organization working for the cause of children understand menace of begging. Begging is a social evil it can make dependent throughout the life and it has dramatic effect on children who are indulge in this practice. So, to stop this practice we conducted Anti-Begging Campaign not just in the Mandir surroundings but also in near areas like Fateh Nagar Gurudwara. We with help of our dedicated volunteer we have distributes pamphlets of Childline 1098 and we have also sensitized shopkeeper and devotees about what they can do if they children indulge in Begging, separated from parents, children living on streets.



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## **Missing Children Helpdesk at Kalkaji 29<sup>th</sup> September to 7<sup>th</sup> October 2019**

During this Navaratri, 421 cases of missing children and 852 cases of missing adults were recorded and cent percent cases were reunited with their guardians and kith and kin respectively successfully.

In a bid to inspire the zeal and spirit of the Volunteers, Agency Supervisors and CWC members, the Helpdesk Committee has set up prizes for the best services in managing the Helpdesk. Alka was awarded for Sincerity, Pinki for Discipline, Aftab for all-rounder in leading the Helpdesk. Agencies like NSS got the second prize for Active Participation, World Vision won 3rd prize for Active Participation whereas Agape ranked first in Active Participation and it also won prizes for providing Maximum Number of Volunteers, covering Maximum Number of Shifts as well as providing Maximum Volunteers for Night Shifts. Not only volunteers and agencies, CWC Kalkaji member Pramila Singh received the award for supervising the affairs of Helpdesk during Maximum Night Shifts during the festival.



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## WINTER DRIVE- A KIT OF LOVE For underprivileged Child



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Lakhs of homeless experience bitterness of winter and are at great risk of suffering from severe illnesses. With the thought to support the vulnerable group, Agape Blessed Foundation Trust started its three days Winter Drive initiatives for underprivileged children from 1<sup>st</sup> January 2020 to 3<sup>rd</sup> January 2020. The motive behind the drive was to share the warmth to the needy and vulnerable children of our society. The demand to support was in large number but we could reach out to few with limited resources.

As it's said the thought process is not a challenge, the major challenge is how to make the thoughts work at a right track; same challenges were faced by Agape team. The campaign was started through different social media platform as it is the easiest way to reach to maximum people in a short time span. Beyond our expectation many people came forward as a helping hand. Agape got the donation Kind/cash from individuals. Through the generous support from our supporters, we were able to distribute blankets, sweaters, gloves, socks and caps to 150 children staying in shelter home.



Photo: Child



## Compassion Drive for elderly and needy

A KIT OF COMPASSION - Agape's initiative started from 10<sup>th</sup> January 2020 to 15<sup>th</sup> January 2020, with the motive to distribute the woolen clothes, packed raw food items for the elderly and needy. Through the social media, we asked like-minded people to join us in this mission, as we believe, alone we can do very little but together, we can do much greater things.



### A KIT OF COMPASSION

Agape Blessed Foundation Trust started - A kit of compassion-Winter Drive with the motive to support, share love to the elderly and poor people struggling with loneliness, pain and illness.

With your support we could feed 150 elderly people, spend time with them, listening their agony, helping them to laugh with us, make them feel valued.

We would like to thank each one of you for joining and supporting us in this Mission - To give them love and Dignity.

- B.Sarkar



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## **CANSUPPORT: AWARENESS CAMPAIGN FOR CANCER**

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Can Support event, walk for life 2<sup>nd</sup> February 2020 give platform to general public to express their determination to fight cancer and express solidarity with those facing cancer in society by registering themselves for walking, running, as a skater, biker, drummer or any other mode which is prescribed in registration.

AGAPE Blessed Foundation is proudly participating in this humble event in its consistent fourth year. All enthusiastic volunteers were doing preparation for this event from long time under guidance of B. Sarkar, Founder AGAPE Blessed Foundation from making posters on Cancer awareness to confirming list of participants, spreading awareness among all known people using digital media, from hoardings to innovative idea for slogans. All preparations for this big day like a family.

On 2<sup>nd</sup> February, AGAPE as a team assembled at Central Secretariat at decided time. All happy faces with satisfaction after all preparation with hoardings, posters and with loads of enthusiasm in team of around 45 members. All new and old faces together. Started running along with other participants including corporates, study centers, NGO. It's not less than the Carnival with skaters, bikers, runners, dancers, drummers and elite CRPF band. One umbrella where all people from different organization came with same zeal to show their solidarity for fighters who are fighting their battle against Cancer.





We can justify, if we say “How’s the Josh” “Feel the Josh” with posters, hoardings and shouting slogans with same zeal and as a team AGAPE. Yes, we can say it’s a good exposure for the interns and volunteers to know and step in the world of social work and getting a platform to interact with different organizations who are with the same mission to help society in their respective boundaries.

This walk justify its purpose due to support of participants, atmosphere created by them gathered at Rajpath “Don’t Give up, there is a life”

## कैंसर के प्रति जागरूक करने के लिए दिल्ली ने लगाई दौड़

नई दिल्ली/एक्सन इंडिया रिपोर्टर कैंसर के प्रति लोगों को जागरूक करने के लिए दिल्ली के इंडिया गेट पर वॉक फॉर लाइफ का आयोजन किया गया। इस दौरान दिल्ली की कई स्वयंसेवी संस्थाओं ने दौड़ में हिस्सा लेकर इस जानलेवा बीमारी के प्रति लोगों को जागरूक किया। सुबह से ही इंडिया गेट पर दौड़ के लिए लोगों को हुजूम उमड़ने लगा। दोड़ में हर साल की भांति इस वर्ष भी स्वयंसेवी संस्था अगापे ब्लेस्ड फाउंडेशन ने अपने 50 से अधिक वॉलंटियर्स के साथ हिस्सा लिया। इस अवसर पर जूवेनाइल जस्टिस बोर्ड की सदस्य वैनेती सुब्रमनी, संस्था की चेयरपर्सन विविद्या संस्कार, स्मृति शर्मा, पीथिश, करण, खाईसोन, फखान, कोमल, पद्मता, गरिया, अर्चिदेश, प्रीति, संजय,



रोहित, पीयूष, भारती, रिषभ, सुनीता, अंजली, कोशल त्यागी, अर्पणा, लक्ष्मी, अम्मी भी मौजूद रहे। इस मौके पर संस्था की चेयरपर्सन विविद्या सरकार ने बताया कि प्रतिवर्ष लोगों को कैंसर के प्रति जागरूक करने के लिए संस्था की तरफ से इस प्रकार के कार्यक्रम आयोजित

किये जाते हैं, ताकि हम अधिक से अधिक लोगों तक अपना संदेश पहुंचा सकें। वहीं संस्था की सदस्य कोमल ने कहा कि कैंसर एक खतरनाक बीमारी है। यदि समय रहते हुए इसका इलाज नहीं किया गया तो यह लोगों की जान भी ले सकती है। इसलिए हम सभी का



इसके प्रति जागरूक होना जरूरी है। उन्होंने कहा कि जागरूक ईसान हमेशा सतर्क रहता है और हर मुर्खीबत का सामना करना जानता है। कोमल ने कहा कि अगापे फाउंडेशन गरीब और जरूरतमंद लोगों के लिए बहुत ही सराहनीय कार्य कर रहा है। हम समय-समय

पर कई प्रकार के कार्यक्रम आयोजित कर लोगों को स्वास्थ्य के प्रति जागरूक करते हैं। उन्होंने कहा कि देश का विकास तभी संभव हो सकता है जब देश का प्रत्येक नागरिक स्वस्थ व खुशहाल रहे। इसके लिए हम सबको पहल करने की जरूरत है।



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## Our Supports



**Child Welfare Committee (CWC)  
(South, South-East and Mayur Vihar)  
District Child Protection Unit (DCPU)**

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## GLIMPSE OF EVENTS



UNCRC 30TH Anniversary by World Vision



POCSO Awareness Discuss



POCSO Awareness Run



Rainbow Lit Fest



GOONJ Baithak



National Child Rights Day

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Parliament House with run Director Sunita Godara Kalkaji Helpdesk - Award ceremony



POCSO training at DCPCR



Christmas Eve with Global Family



Harmless Hugs at Peasray Lal Bhawan



Interns of Child Protection Course - TISS



Child Protection Workshop by World Vision



Certificate from DCPCR chairperson



Khushi Rainbow Home Annual Day Manav Mandir Annual Day program



Winter Drive



Launch of Meri Awaaz App



Compassion Week



Walk for Life

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## TESTIMONIAL

During my internship of BSW 2nd with Agape Blessed Foundation trust I have grown myself as a professional social worker. I learned methods of social work with Agape like counselling, team work, case work and professionalism. The Agape team was always there to help us out and encouraged all the interns and volunteers. Organization founder's positive attitude and courage motivated us to become a true and professional social worker. As an intern I feel very blessed that I got a chance to explore myself with Agape and I got a chance to be familiar with the hidden talent inside me thanks to Agape for helping me to learn more about the real social work.

- **Anjali Malik**



**Anjali Malik**



**Prema Evelyn**

**D'cruz**

AGAPE in itself says it all, the meaning of the word itself is “Unconditional” and you can see that attitude in the volunteers and the team whether it be Child Rights Day, Compassion Drive, CanSupport, CWC or JJB we work with Love, compassion, dedication and the drive to reach out to improve and bring about a positive change in society. I had the great opportunity to intern with them and learn about and gain knowledge about Child Rights an area I hadn't explored before. Under the leadership of Chairperson Bindiya Sarkar who gave us this wonderful experience and trusted us to go out represent AGAPE BLESSES FOUNDATION TRUST in various events and projects, her sheer determination and compassion is contagious. Ever grateful to her for opening the doors to me and my friends who also are interning with AGAPE it's a great place to intern, volunteer, work and contribute.

**Evelyn**

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Working with AGAPE is one of the most memorable experiences. All the people in the internship programmed whom I worked along with were very cooperative and diligent. My first day was very interesting as that was the first time I was being introduced with the working conditions and environment of an internship set up. Through my whole 3 month internship course I was able to practice the counseling techniques and practices that I have only studied in books till now and was also able to meet some of the people that really changed my perspective of life and how psychology can be used to everyday life even if it's the small situations. Lastly, I would like to thank B. Sarkar, Founder of the organization to give me this opportunity of working in AGAPE and I'm glad I came across it, I also look forward to work with her again in near future.

- **Kanika Rawat** (B.A Psychology)  
Internship period (July -September 2019)



**Kanika Rawat**



**Girender Kumar**

I joined Agape for my MSW counseling internship. During my orientation to Agape itself, I found Bindiya ji quite co-operative with learners and assertive in her vision of imparting social service activities. Later on while working with her I found her very specific in her approach to achieve the stipulated target and particular in timely submission of reports which made me prompt in discharging the duties and responsibilities of the Agency time-bound to my understanding of the significance of Social Work Practice in vulnerable sections of Society. As supervisor, she remained advisory to me throughout my internship and helped clearing all possible doubts in practicing Social Work in field. She helps interns of Social Work as their guardian and performs her role as Patron of Social Responsibility.

I enjoyed working with Agape and learnt several important Skills and Techniques in doing varieties of Social Work cases. I would remain ever thankful to Agape and suggest other interns of Social Work to avail the learning opportunity with Agape Blessed Foundation Trust.

- **Girender Kumar**

I did my internship with Agape in the first year after the first year orientation visit. The fact that it was the youngest NGO in terms of their presence in comparison to the others which I visited like Salam Balak Trust, Akshya Pratishtan and others is what attracted to me the most about Agape. The Agape team had the eagerness to teach, share and learn with all of us....there freshness and energy level is infectious and because it is a very young team they believe that sky is the limit and everyone and everything can change for the better. Agape is led by a young, energetic, smart and proactive person B Sarkar who is also an IGNOU alum and thus for all the students who want to intern Agape is the place to go. I wish them all the best for their initiatives in future and will also definitely keep my connect with them alive.



**Amrit Raj**  
**MSW counseling**



**Ekta**  
**MSW Counseling**

My First Baby steps in the field of social work, introduction to a new world where humanity is priority. Ms. Sarkar zeal towards her work, passion to serve humanity forced me to knock the door of Agape to give me opportunity to do my internship. Working and learning here is a perfect blend of serving humanity, sincere efforts with hard core professional way and completing the assign task with strict timeline. Agape has given me all opportunities to learn and understand different techniques of Social work from case work to group work, from community work to organizing events for social cause. For me it's a Journey which just started and will continue where I am everyday learning and understanding to imbibe the qualities of good social worker and exploring through everyday work assigned.

Shukriya Agape for accepting me as a part of your Family!

### **To Donate or Support**

**Bank Account Details:**

**Agape Blessed Foundation Trust**

**Account No- 608410110006343**

**IFSC Code: BKID0006084**

**Google Pay/ Paytm: 8375065504**

I, Shubhrajit Das, a student of MSW under IGNOU got acquainted with Agape Blessed Foundation through Ms. Bindiya Sarkar who is my senior with regards to social work both in the academic as well as professional sense. As a volunteer for AGAPE my two cherished memories are in Kalkaji Child help desk during Navratri and in Cancer Walk. In my stint as a volunteer, I observed from close quarters the skills of time management, team work and respect for each other's views for the best interests of the project in hand. It was really a learning experience under Ms. Bindiya who is a hard task master and equally an enterprising mentor one could ask for. I am looking forward to collaborate with her on more such engaging as well as impactful initiatives in the future too.

**Shubhrajit Das (MSW)**



**Shubhrajit Das**



**Sanjay Rajan**

I have joined the Agape Blessed Foundation Trust for internship on 23rd Oct 2019 for my internship of my MSW Counseling. There was timing issue for me due to my professional work, but I received great help in doing the internship work with flexible timing schedule. I have got an opportunity to provide the counselling to affected child and their families and received a wonderful response from the families. It's a great learning during working on the assigned project and received great opportunity to discover the different dimension of real challenges of different sections of our society. Agape Blessed Foundation Trust has also organized orientation visit in different NGO to get the practical knowledge about different functional channels of a social organization interns. Thank you so much for all the extended support for internship work.

**Sanjay Rajan (MSW Counseling)**

**JOIN US AS AN INTERN OR VOLUNTEER**

VISIT <http://agapeblessedfoundation.com/> to apply online

Agape was advised by my academic supervisor for my internship MSW counseling. I applied there and was asked for orientation visit. A lot of questions were going on my mind but when I met the chairperson of here, all my doubts were cleared. I was placed in Juvenile Justice Board for my field work there I have learnt a lot of new things like counseling, making Individual Care Plan, Case Work, Group Work. I also visited old age home with AGAPE team, where I had good experience of taking care of old people. During my internship I also took part in an event “CAN SUPPORT” walk against cancer it was really new experience for me. I would like to thank Agape for giving me this opportunity. Agape team is very helpful and encouraged me in every step of my internship and all co-worker are really good and supportive. When I came in AGAPE I had no knowledge about social sector but today I have good knowledge and information about social work. AGAPE is the best place to learn professional way of social work.

Sunita



**Sunita Rai**

I consider myself fortunate to have interned with ABF. Amongst the many tasks I was required was to volunteer for the ‘Help Desk for Missing Children’ at *Kalkaji*. I got an incredible chance to work with interns and volunteers from various backgrounds and it was a good team building exercise. I was also assigned with conducting Social Investigation Reports and Home Visits. I learned how to approach people, who have faced abuse and violence and understand the underlying source of their problems. I got to interact with police personnel & NGO officials working at the grass root level & learned about their perspectives as well. My experience of counselling juveniles in conflict with law at JJB allowed me to put into context the theories I was studying as a student of counselling. Besides, I also learned about the various laws pertaining to children; their implications and usage within the juvenile justice setup.

All in all, the assignments I took up have been incredibly enriching and beneficial to me as I received immense knowledge of the field. I highly recommend the internship at ABF to students of social work and related fields who are looking for practical experience, as it provides an exhaustive and in-depth knowledge of field work.

Lastly, I would like to thank B. Sarkar; it was a great experience to work under her mentorship. She facilitated and guided me along the journey and encouraged my active participation and independent reasoning. Doing an internship with ABF was one of the best decisions I have made, both professionally and personally and is an experience that I will cherish and value forever.



**Naufil**







